

“Summer basketball camps used to be about teaching and learning. Now they’re about coaches watching kids play games that become streetball, and **kids don’t learn the fundamentals.**”

-- Hall of Fame coach Larry Brown (1988 NCAA Champion, 2004 NBA Champion)



**SPARDER**  
Basketball Camps

## ***Tim Sparstad and Mark Deretich are returning with the ultimate question... Are you hard to guard?***

The summer teaching and learning that successful coaches such as Larry Brown appreciate is the foundation of our Sparder Camps. Experienced, patient instructors will use a discuss-demonstrate-drill approach to break down skills and tactics. The drills and competitions we introduce will help campers make their own practice sessions fun and productive, and our emphasis on understanding the game will improve their basketball IQ.

Sparder Camps are designed to give players of various ages and abilities the systematic knowledge to develop specific offensive skills. There are plenty of kids whose shooting, ballhandling and footwork seem impressive until defenders invade their space. Are you quick enough with your set-up and release to make shots when you’re closely guarded? Are you strong enough with the ball to blow past anyone who steps in front of your dribble? Are you skilled enough to attack from a triple-threat position, create separation from the defense and finish your move? Are you hard to guard?

Here are some examples of the instruction we feature at selected Sparder Camps:

- fundamental shooting mechanics
- situational shooting (spot-up shots, off screens, off the dribble)
- 50 ballhandling drills that require almost no practice space
- two-ball dribbling drills
- footwork: agility, quickness and balance
- an effective series of face-up one-on-one moves
- using explosive-dribble moves to beat defenders in the open court
- finishing your scoring moves against physical pressure
- finishing your 2-on-1 and 3-on-2 plays
- screen-roll options

\* Learn more about our instructional program by visiting our website at [spardercamps.com](http://spardercamps.com)

**What:** Five-day basketball skills development camps

**Where:** Oak View Middle School (15400 Hanson Blvd., Andover)

**Who and When:** Monday, July 6 through Friday, July 10 for those who have completed grades 4-5; July 27-31 for grades 6-8 (girls 8:00-12:00, boys 1:00-5:00 each day)

**Why:** It’s not easy to find quality summer hoops instruction for a reasonable price in your backyard.

**How reasonable:** \$85 for returning campers, \$95 for rookies

Many of you have hooped with us at camp or in other programs, so we’re counting on you to spread the word to your friends and teammates. This registration form is available at the community education offices of all District 11 middle schools and at [spardercamps.com](http://spardercamps.com). You’re also free to call either of us (Tim at 763-753-3957, Mark at 763-753-2449) if you would like us to mail you a form or if you have any questions. The registration deadlines are June 25 (grades 4-5) and July 16 (grades 6-8), but don’t lose your spot by waiting until 50 other campers fill your session. Please make your check payable to Anoka-Hennepin Community Education, and mail it with the bottom of this form to the following address:

Coon Rapids Middle School, (Attn: Community Education), 11600 Raven Street NW, Coon Rapids MN 55433

camper’s name \_\_\_\_\_ address \_\_\_\_\_

camp classification (check): \_\_\_\_\_ home phone \_\_\_\_\_

**girls 4-5** [151-3HU1-23] \_\_\_\_\_ **boys 4-5** [151-3HU1-24] \_\_\_\_\_ **girls 6-8** [151-3HU1-25] \_\_\_\_\_ **boys 6-8** [151-3HU1-26] \_\_\_\_\_

parent(s) and work phone(s) \_\_\_\_\_ emergency contact and phone \_\_\_\_\_

**accident waiver:** I hereby declare that I have no knowledge of any physical impairment that would be affected by the above named camper’s participation in this camp. I authorize the camp staff to secure any medical treatment deemed necessary in case of an emergency. I release the camp, staff, and associated facility from any liability for injuries incurred by the camper, myself, or my dependents while participants or spectators at or around the camp site. I accept all responsibility and assume all costs that may result from such accidents.

parent/guardian signature \_\_\_\_\_ date \_\_\_\_\_